



# Keep on Walking

Individuals with a disability ages 18 and up are welcome to join us for a walk at the park from 10 am - 11 am! Water will be provided!

- **October 7- Hickory Greenway Trailhead**
- **October 14- Hickory YMCA**
- **October 21- Glenn C Hilton Jr. Memorial Park**
- **October 28- Henry Fork**

For additional information email Crystal Martinez at [cmartinez@hickorync.gov](mailto:cmartinez@hickorync.gov) or call at (828) 261- 2258

